



FRIENDS
HOMES,
INC.

UPDATE

Friends Homes at Guilford • Friends Homes West • www.friendshomes.org

April • 2010

Friends Homes to Install Solar Thermal System

In early March, Friends Homes Inc. announced a partnership with FLS Energy for installation of 208 solar thermal collector panels at both Friends Homes at Guilford and Friends Homes West. This project is one of the largest ever installed in a retirement community in the United States and will create 10,000 gallons of solar heated water each day for nine of Friends Homes' buildings and facilities. Design work is slated to begin in April with completion projected for September.

With a combined population of more than 600 residents, living in the two communities, the hot water demands are great. These two facilities operate 24/7 and consistently consume large amounts of hot water every day. The 208 panel solar thermal system will be in place to help provide the majority of the hot water used on a daily basis.

Direct use of the hot water will be applied to washing large amounts of laundry, domestic hot water for showers and cleaning, and hot water needs for cooking and washing dishes for meals provided at the two dining facilities on site. The solar thermal facilities will be roof mounted to the selected buildings requiring about 12,480 sq. ft. of roof space. The system will reduce carbon emissions by almost 150 tons per year and



Phil Strouth, Marketing Manager of FLS Energy, and Wilson Sheldon, CEO of Friends Homes Inc., look over design for solar panels.

will save approximately \$30,000.00 per year in fossil fuel cost.

Wilson Sheldon, CEO, of Friends Homes Inc., said, "It is our belief that we

"This project is the largest ever installed in a retirement community in the United States."

must reduce the consumption of fossil fuels. Installing these solar thermal units in our retirement communities means taking a major step in our commitment to utilizing renewable energy. Not only do we want to be good stewards of the environment,

but also, we are looking for ways to contain costs so that our communities remain affordable."

"This project will establish Friends Homes as one of the strongest leaders in North Carolina for developing clean renewable energy for their facilities," said FLS Energy's Finance Director, Brownie Newman. "FLS Energy is proud to partner with Friends Homes on this solar energy project."

FLS Energy is financing the solar thermal project at Friends Homes through its Solar Energy Purchase Agreement. "Friends Homes paid nothing up front and will begin seeing the savings immediately," added Newman.

Coincidentally, Guilford College has also contracted with FLS Energy and just announced they will be installing 188 solar thermal collector panels on up to eight of its buildings to create 9,000 gallons of heated water a day. This will be the largest solar thermal energy system installed on a college or university campus.

"I think this is very significant," said Wilson Sheldon, CEO, "that two Quaker institutions in such close proximity are both investing in environmental sustainability. I think this speaks well to our core values, and it will help put Greensboro on the map as a city focused on the future."

From the CEO, Wilson Sheldon



I am very excited about the commencement of our solar project at Friends Homes. In February of 2009, I went to the annual By Design Conference sponsored by our architectural firm, SFCS, where the focus was on renewable energy. In addition to the environmental benefits of renewable energy, the conference emphasized the increasing affordability of this choice. I left the conference with a strong feeling that this might be the right time for Friends Homes to incorporate some form of renewable energy usage on its campuses. I asked our architects at SFCS and our builders from Hodgin Construction Company to research companies that could do a

turn-key job for us. Each group advised me that FLS Energy was the best of the field in our area.

In May of 2009, I contacted FLS Energy and began discussing the feasibility of a solar project at Friends Homes. FLS Energy was excited about the possibilities for utilizing this technology at a retirement community. On our campuses we have a constant demand for hot water 365 days a year, whereas other local solar hot water projects are in venues where usage can vary widely. FLS Energy analyzed our needs and created a plan that will best meet those needs on each of our two campuses. Friends Homes has signed a contract for the installation of 208 solar panels which will produce 80% of our hot water or 10,000 gallons per day. This will be possibly the largest

solar project at any retirement community is the U.S. We expect the solar panels to become operational in September 2010.

I am also pleased to announce that Friends Homes is creating, with the guidance and technical expertise of Atlantic Webworks, a completely updated webpage. I hope that by the time you receive this newsletter it will be online for you to see. Please visit www.friendshomes.org regularly and we will keep you updated on the progress of our solar installation as well as other news by and about your friends here at Friends Homes.

Resident Profiles

Joe Allred

“Well, I moved here too early,” Joe Allred says in referring to his move to Friends Homes at Guilford two years ago. “I moved when I was 94, and I am learning to live with all these old people. When you live with 300 different people, everybody’s got an opinion but I’m adjusting,” he says with characteristic humor.

He continued by saying, “I do have one regret and that is that we didn’t move before my wife, Jean, died. We were married for 63 years, and she would have really enjoyed it here. She might have had a tough time moving from our four bedroom house, though, because she was a pack rat and saved all kinds of things. Our two boys used to always tease her about that.”



Joe Allred

Joe is originally from Greensboro. He went to school here, and says he graduated from the “University of Hard Knocks” in 1933. For seven years he worked for a real estate rental company before joining a local lumber company. “I went to work for \$50.00 a week and 35 years later, I retired in 1986 owning half of the business.” His company, Pegram West Lumber Company, flourished and Joe loved his work. “Hard work won’t kill you,” he says and is quick to give credit to his wife. “She always understood when I’d get home late and never complained. She made it possible for me to work hard.”

With the demands of the lumber business, Joe worked on weekends but enjoyed taking off Tuesdays. He and a friend used to leave early each Tuesday morning and drive as far as they could go in one day,

returning around 6:00 at night. “We’d drive close to 400 miles in one day, and we went in all kinds of directions,” he says remembering the road trips.

A member of First Friends Meeting, Joe has been involved with Friends Homes for many years. He has served several different terms on the Board of Trustees for a total of 18 years service. He was on the Committee that hired Wilson Sheldon as Assistant Administrator in 1982, and he was on the Building Committee in the early 1990s when Friends Homes West was being built.

Becoming a resident has not caused Joe to change his schedule, and he still maintains contacts with friends in the community by having lunch engagements for nearly every day of the week. “I’ve eaten lunch with the same guy on Friday for nearly 30 years,” he says. “I’m glad I’m living here, though. There are good employees, good food, and I like it. The only problem is that I’m eating too much.”

Resident Profiles

Minta Coeyman

Minta Coeyman says, "I'm at the right place at the right time in my life." Minta and her husband, Don, moved to Friends Homes West soon after it opened in 1994. Don died on Christmas Eve of 2005, and Minta counts her blessings to be settled among friends. Having outlived her five older siblings, Minta says she is also blessed to have a close relationship with a niece, three nephews and their families.

For the Coeymans, choosing Friends Homes West was an easy decision. "We had lived in Greensboro since 1951 and lived only five miles from here. Everything we did was on this side of town, and Friends Homes West was convenient to shopping, our doctors and our church," Minta said. A graduate of East Carolina University, Minta was a teacher and retired in 1972 after teaching for more than 28 years. Don's career was with Western Electric.



Minta Coeyman

*"I'm at the right place
at the right time
in my life."*

After retiring, Minta dedicated herself to volunteerism. For 30 years she was a volunteer at Wesley Long Hospital. She also spent years working with Crisis Control, the Red Cross and taught Sunday School at Christ United Methodist Church. This year, her church outlined

a program to help its members read straight through the Bible, and Minta says she is learning a great deal by participating.

Within Friends Homes West, Minta stays active. She is a member of the Activities Committee and the Visitation Committee. Nearly every day, she visits residents in Assisted Living and Health Care. "If a door is open and a person is not asleep, I like to visit for a few minutes. I make it a point never to sit down so I don't stay too long. I enjoy doing this, and I am sure I get more out of this than I give," she says.

To stay physically active, Minta enjoys walking around the Friends Homes West campus on warm, sunny days. On days when she cannot be outside, she walks ten interior halls twice a day. "Not only do you get exercise, but this is a great way to see people," she says. "I wish I could write a book because there are so many interesting people here. Everybody has a story. I am surrounded by friends and

Lo Hanson

Lo Hanson is a skilled artisan who creates heirloom works of art. Not an artist in the usual sense with canvas and paint, Lo creates her works of art with fabric and a sewing machine. As a quilter, she has made numerous quilts for family and friends and now concentrates on wall hangings.

"The smaller size of wall hangings makes those easier to handle," she says. Lo has converted one of the bedrooms in her two-bedroom apartment into a studio where she keeps her supplies and sewing machine easily accessible. The walls of her apartment are decorated with colorful examples of her handiwork. A couple of years ago she had a show in the Friends Homes West Living Room and exhibited 25 to 30 different wall hangings. Residents enjoyed the show so much



Lo Hanson

"It is fun to share what I do with other people..."

that Lo now has a space in the corridor outside the dining room where she puts a different wall hanging every 30 days. "It is fun to share what I do with other people," Lo says, "and people have been so generous in their comments."

While she never counts the hours involved in making one of her wall hangings, Lo does count the number of pieces.

Especially intricate designs can have as many as 1,299 different pieces of fabric. Rarely are her hands idle because if she watches television, she usually is doing some hand work. In addition to quilting, Lo makes receiving blankets and hand-knit sweaters to donate to hospitals and community agencies.

When she is not sewing Lo can be found playing golf. An avid golfer, she has five holes-in-one to her credit. Three of the holes-in-one were at Starmount Country Club here in Greensboro. Lo also enjoys bridge and reading. Within Friends Homes, Lo swims several times a week, serves as a hall chairman, and is on the Activities Committee.

A native of Maine, Lo graduated from the University of Maine, and that is where she met her husband, Robert.

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Resident Profiles

Jan Mortimore

Jan Mortimore, a resident of Friends Homes West, is in a unique position. Both her father, Arthur Rieck, and her husband are also residents. Although the two generations live in two separate apartments and in different buildings, they are both at Friends Homes West.

Arthur Rieck moved to Greensboro in 1989 from Grosse Pointe, Michigan. He worked for 50 years as a CPA and was a partner in a firm in Michigan. Nine years after his wife died, Arthur decided to move to Greensboro to be closer to his only child and her family. He moved to Friends Homes West in 2002 and says he regrets not moving sooner. "Had I known what I know now, I wish I'd come earlier. I was very lonely living alone."

In looking at area retirement communities, Arthur says one of the things that appealed to him was that Friends Homes West is all under one roof. "You can get to the dining room, the fitness center and anywhere you want to go in the community without going outside, and I think that's an advantage," he says. An avid pool player, Arthur participates in the regular games that take place four times a week. He also enjoys cards and once a week gets together with residents of Friends Homes at Guilford for chess. He formerly was a floor chairman, and for 63 years has been a member of Kiwanis.

The Mortimores moved to Friends Homes West a year ago and are known as "the young kids of the community."



Arthur Rieck, and Jan and Chuck Mortimore

*"Had I known what I know now,
I wish I'd come earlier..."*

They had put their name on the waiting list in 2003 and in 2008, Chuck was diagnosed with dementia. Jan says they were fortunate to sell their home quickly and happy to get settled at Friends Homes West. Having the security of people around her is a comfort to Jan. She continues to work part-time in administration at the pre-school program of First Lutheran Church. For 18 years, she was a teacher there before moving into administration nine years ago. Jan joined the Friendly Singers at Friends Homes and is looking forward to getting more involved in the community when she retires.

Chuck is the former Director of Planning and

Community Development for the City of Greensboro and was with the city for more than 30 years. He has been active in the community on the Board of Greensboro Beautiful, worked with Moses Cone Hospital and the Affordable Housing Group. He is also a member of Summit Rotary Club and on the property committee at First Lutheran Church. Chuck likes to watch sports on television, particularly basketball and football and is a frequent walker, enjoying being outside when weather permits.

Jan says they saw first-hand the quality of care available at Friends Homes West when Arthur had surgery and stayed a short time in Assisted Living. "This is a caring, friendly place, and we feel good about our decision to move here."



Welcome Spring Dance

Pictured at right are Bessie Black and Paul Brackbill, residents of Friends Homes West, dancing at the Welcome Spring Dance. Approximately 100 residents of Friends Homes West enjoyed the dance held on Thursday, March 18th in the Living Room of Friends Homes West. Music was provided by Lyn Gentry and her trio, who play jazz, swing, and oldies. The dance was from 7:00 until 8:30 pm with refreshments provided by Dining Services.

Resident Profiles

Bin and Jewell Farlow

Bin and Jewell Farlow moved to Friends Homes at Guilford in March of 2008. For the Farlows the decision to come to Friends Homes was an easy one since they had family connections to Friends Homes as well as strong ties to Guilford College. Jewell's uncle, Seth Hinshaw, was instrumental

“Don't wait too long. Come while you can still engage in the community as active participants.”

in the founding of Friends Homes, and Hinshaw Hall is named in Seth and Mary Edith Hinshaw's honor.

Both Bin and Jewell grew up in Randolph County and went to grade school together. Bin followed in his father's footsteps and attended Guilford College, majoring in economics. Jewell attended Guilford for two years and graduated from Women's College, now UNCG with a major in home economics and began a teaching career in the public schools. Later she returned to UNCG for certification in early childhood education. The Farlows have three sons and a daughter and seven grandchildren ranging in age from 24 to 11. Four generations of the Farlow family are now Guilford graduates.

For more than 16 years, Bin was with Pilot Life Insurance Company as an Assistant Vice President and Director of Computer Operations. He recalls the early days of computers and having a large IBM mainframe kept behind locked doors. He says he learned computers by on-the-job experience and remembers getting many phone calls at all hours of the night whenever there was a computer glitch. When Medicare was first implemented, Pilot Life had the contract to be the claims payer, and Bin was supervising more than 50 key punch operators on site with thousands

of claims in the hands of contractors up and down the East Coast.

In 1974, Bin went to work for Guilford College on the administrative staff. He served as Director of Alumni Affairs before becoming Director of Devel-



Bin and Jewell Farlow

opment Services while also serving as the liaison between the college and the Quaker community. He also was instrumental in helping start the Friends Center on the Guilford campus, a program of leadership and outreach that is

now directed by Max Carter.

Both Bin and Jewell have been involved in many Quaker related activities. Bin was on the Friends Homes Board of Trustees in 1975-76 when Woolman

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First Presbyterian Children's Choirs Present Musical

The children's choirs of First Presbyterian Church visited Friends Homes at Guilford on March 17 and presented *Table for Five... Thousand! The Miracle of the Loaves and Fishes*. More than 40 children participated in the spirited musical directed by Tom Shelton, Associate Director of Music for Children and Youth.



Pictured (L to R) are Friends Homes at Guilford residents, Elizabeth Holmes, a member of First Presbyterian, along with choir members Ellie Cowan, Caroline Cochrane, Megan Witherspoon, Lydia Cochrane, and resident, Eileen Ellwonger.

Resident Profiles

Svea Sauer

Svea Sauer says, “The best word to describe me is activist.” As an activist, she has been involved with numerous causes throughout her 96 years. She has accomplished a great deal but is quick to say her achievements are not hers alone. “I’ve always worked with other people, and it’s through working in community that things get done.”

Svea recently moved into Assisted Living at Friends Homes at Guilford. This is a move she initiated because she says, “At age 96, I figure things can happen. A few months ago I noticed my driving was not what it should be so I sold my car. After I sold my car, I thought it was time to pare down and get rid of things, and this would be a smart thing to do. I have outlived my family so I didn’t want my friends to have to make decisions for me.”

A professional relocation specialist helped Svea downsize from her two-room apartment in Woolman to Assisted Living. Every piece of furniture was measured, and each piece fits in its place



Svea Sauer

“I’ve never lived anywhere that people were as friendly...”

perfectly. The result is a bright, inviting space with a view of the woods, furnished with a sofa, filing cabinets, computer station, bookcases and colorful works of art. “I call this my New York studio on Central Park,” Svea says, “I love it.”

Having the computer work station is important because Svea writes a weekly opinion column which she e-mails to a

newspaper in Texas. For 18 years, she has been writing the column and continued after moving to Greensboro 11 years ago. Originally, when she lived in the little town outside Austin, Texas, she wrote about a variety of subjects. Now, however, she focuses on national and international issues. “The biggest challenge,” she says, “is when you are doing research to find an unbiased source of news.”

One of the things that attracted Svea to Friends Homes was the library. She originally visited Greensboro on the recommendation of her friends Priscilla and Mel Zuck. “I had looked at other retirement places and never found any with a library comparable to the one here,” she says. “We are so fortunate that this library was professionally organized.” Svea moved to Friends Homes in 1998 and for many years was an active volunteer in the library.

In looking back on her life, Svea says that a major influence was her work with the American Friends Service Committee. She first started before World War II in the Emergency Peace Campaign. Later, with her husband who was a physician, she lived and worked in Arthurdale in West Virginia. This was the first New Deal community and a special project of Eleanor Roosevelt’s. After WW II she wrote publications for central European relief work. During the Vietnam War she was AFSC Peace Secretary for Arkansas, Texas, and Oklahoma.

Svea also was responsible for a program developing resources for blind pre-school children for the State of Texas.

A self-proclaimed work-alcoholic, Svea says she is giving herself a hiatus now from activism. She enjoys bridge, drama, art and reading. She reads constantly and continues to read about social problems and for pleasure, reads mysteries. “I’ve made so many wonderful friends in Greensboro,” she says. “I’ve never lived anywhere that people were as friendly, and my friends have enriched my life.”



(L to R) Friends Homes West resident, Lucius Gray, introduced Mayor Bill Knight who spoke to the residents of Friends Homes West on March nineteenth.

Resident Profiles

Margaret Ann Avent

Each of us has a life story and within that life story are many little incidences or meaningful moments that influence who we are today. Putting some of these recollections, or memoirs, on paper enables you to leave a piece of history to your family. The art of memoir writing is gaining in popularity and no one does it better than Margaret Ann Avent, a resident of Friends Homes West.

For a five week period, Margaret Ann has been teaching a course called “Writing Your Life Story” for fellow Friends Homes West residents.

The class meets once a week for an hour and is limited to no more than 15 people. In the class, Margaret Ann shares guidelines on how to write your memoir stressing that there is no right or wrong story, and not to worry about the grammar. “Just get the thoughts from your heart down on paper, and you can go back later and correct the grammar,” she says. Each week she assigns a different topic such as write about a favorite summer memory from childhood or describe your first job. When the class meets, each person reads his/her story to the group.

“It is just so much fun because when you’re dealing with senior citizens, we remember many of the same things such as penny candy, and ice cream cones costing a nickel. Someone will mention a favorite song and that brings back memories for the rest of us. There is a lot of laughing and joy in sharing your stories. In fact, in this class, I have two men in their nineties who were roommates at Guilford College and are now sitting side by side,” she says.

Margaret Ann’s interest in writing was sparked many years ago when Richard Morgan, an author, came to First Presbyterian Church and talked about remembering your story. With permission from Morgan’s publisher, Margaret Ann used his ideas as a framework and



Margaret Ann Avent

“Just get the thoughts from your heart down on paper...”

developed a course she taught to the 55+ group at the church. Word spread about the popularity of the course and soon she was teaching at Shepherd’s Center. She also has led classes at Presbyterian Home and Friends Homes at Guilford. Margaret Ann practices what she teaches and has many examples of stories she has written and compiled in spiral bound books.

Seventeen years ago, when she was 65, Margaret Ann contacted the newspaper in her hometown of Farmville, Virginia and asked if they’d be interested in publishing any of her stories about growing up in Farmville. The result was a column that appeared every two weeks in the paper for a year. These charming memoirs connected her with friends and became a wonderful keepsake for family members.

Now, Margaret Ann says her husband, Larry, is writing books about different subjects. “As a minister, of course, he’s always written but now that he’s 85, he’s beginning to think about retiring and will have more time to write. In fact, the title of one of his books is *Recollections of a Worn Out Pastor*,” she says laughing.

How to Write Your Story

Writers should key in on unusual or remarkable memories or experiences that happened to you. Start with the most life changing events you can remember. Write in short sprints of ten to thirty minutes, and it helps to have a time line to chart out your life and the stories that make up your life. To get you started, here are a few suggestions for topics to write about from different stages in your life.

- My childhood home
- Toys and games from my childhood
- My family pets
- My sisters and brothers
- Elementary school
- Junior High School
- High school/teen years
- My military service
- My courtship and marriage
- The early married year
- Raising a family
- A memorable Christmas
- Popular songs from my past
- An unusual vacation or adventure
- When my children left home
- Changes I’ve seen—inventions, etc.
- My retirement
- My plans for the future
- The best present I ever received
- A particularly happy period in my life
- A special accomplishment I am proud of
- Major losses in my life
- A special teacher who influenced me
- Special books I have read
- Memories of childhood summers
- My favorite holiday
- My religion and philosophy over the years
- My regrets
- Family customs, habits, traditions and sayings

Memorials Received August 2009 – February 2010

Jim Anthony

Frank Clark
Ann Marvin
Sybil and Spencer Sullivan

Della Boren Arthur

Luke and Mary Henrie French

Leslie and Margaret Barrett

Amy Cooper

Eula Baynes

Robert Baynes

Franklin Dauphine and Margaret

Sampson Beal

Gertrude Beal

Margaret Beal

Emily Bagley
Kay Judge

Juanita Berrier

Clifton and Becky Berrier

Vivian Bostick

Clifton and Becky Berrier

Dorothy Bowker

Miles and Shirley Bowker

Ethel Brackbill

Paul Brackbill
Thomas and Ruth Brackbill

Dorothy Brown

Sue, Georgia and Carolyn Bunick
Kirby Lewis
Timothy and Linda Ridgway
Karl and Shirley Schultz
Sherry Sharpe

Edward Buck

Rebecca Mulligan

Evelyn Bumgarner

Nancy Howie
J. E. Peterson, Jr.
Andrew and Patricia Lloyd Williams

Gertrude Burke

Frank Clark
Dorothy Gordon
Ann Marvin
Phyllis Tally
Sterling and Barbara Whitener

Ruby Burton

Ann Marvin

Anne Altvater Byrd

Doris McNeely

Wilson and Priscilla Byrd

Peter Byrd

Grace Childress

William J. Raftery Assoc. Inc
Frank Clark

Sondra and William Cunningham
Bill and Joan Raftery
Carol and Harry Wolfington

Hannah Coleman

John Coleman
Ralph and Wenda Kirkman

Bill Coltrane

Jesse and Margaret Coltrane
Rebecca Mulligan

Fae Coltrane

Winifred Thacker
Bill and Betsy Wetherall

Vernon and Trudy Coltrane

Jim and Brenda Hubbard

Naomi Cribbin

Esther Christiansen
Howard and Bernice Dodson
Ruth Graham
E. D. Kennedy
Ann Marvin
Helen Medlin

Frank and Ethel Crutchfield

Dorothy Crutchfield

Sara Culbreth

Rebecca Mulligan

Mary Doggett

Taylor and Audrey Doggett
Mary Doggett Wilkinson

Stephen and Stella Dow

Wilbert and Marianna Edgerton

Marian Drury

J. D. and Hilda Gregson, Jr.

Margaret Edwards

Ralph and Nancy Edwards

Randolph Ensign

Irwin Smallwood

Zelma Farlow

Betsy Farlow

Carroll S. Feagins, Sr.

Feagins Family Trust

Mary Ellen Brown Feagins

Feagins Family Trust

Ruby Ferguson

Thelma Atchison

C. H. "Fitz" Fitzgerald

Juanita Fitzgerald

Hershel and Beatrice Folger

Colin, Rita and Douglas Harding and
Adrienne DiMillio

Lois Freeland

Elizabeth Dube

Kathleen French

Luke and Mary Henrie French

Walter Gordon

Dorothy Gordon

Lorne and Mary Grant

Dwight and Jane Grant

Mr. and Mrs. George Edward Gregg

Heea Vazirani-Fales

Ruby Gregg

Rachel Charles
Neal and Nancy Cheek
Minta Coeyman
Helen Gardner
Norman H Garrett, Jr. M. D.
Ruth Graham
Jack Horner
Ruth Howerton
Ann Marvin
Jim and Nancy Nagel
Marjorie Ray
Mildred Rives

Mamie Gregson

J. D. and Hilda Gregson, Jr.

William Hamilton, Jr.

Shirley Hamilton

Louise Hammond

Ann Marvin
Helen Medlin

Richard Hanson

Colin, Rita and Douglas Harding and
Adrienne DiMillio

Mozelle Hardy

Bennie and Lamar Hearne

Ginny Hayble

Ruth Graham
Ann Marvin
Helen Medlin
Kent and Gaye Taylor
Peggy and Jimmy Truitt

Edith Hill

Linda Hill

Seth and Mary Edith Hinshaw

Clifford and Etta Florence Winslow

Howard and Mabel Holshouser

Howard and Peggy Holshouser, Jr.

Mary Holt

Blanche Morgan

Malcom W. Hood

Ruth Anne Hood

Eloise Huffman

Ann Marvin

Ray Hunter
Virginia Newbern

Carl Johnson
Frank Clark

Ike Jones
Albert and Lillian McAulay, Jr.

Herb Keller
Ronald Lochbaum

Margaret Keys
Sherry Sharpe

Lucinda Benbow Labell
Bob and Reba Benbow

Ruth Langston
Don and Sarah Cowan

Henry Latham
George and Mary Pope

Edith Leach
Dawn Gilmore

Jackie Ledford
Garland Ledford

Mrs. B. F. "Willie" Ledford
William and Helen Ledford

Ray and Charlotte Lewis
John and Carol Stoneburner

Irene Lineberry
Ann Marvin

Harvey and Maxine Ljung
Charles and Leah Bledsoe

Betty Manson
Joe and Florence Melvin

Virginia McCartney
Virginia Newbern

Aleen McGill
Ann Marvin

Martha and David Meredith
Morris and Judy Newlin

Grace Moffitt
Charles Cranford

Rachel Moir
Charlie and Barbara Phillips

Hazel Murrow
Ralph and Wenda Kirkman

Lela Newby
Loy and Connie Newby

Algie and Eva Newlin
Joan Poole

Pattie and Jim Newlin
Morris and Judy Newlin

T. G. Owens
Karen O. King
Taylor and Catherine Owens

Jim Patton
Donald and Mildred Hoagland

Henry Peraldo
Lois Hanson

Ted Perkins
Friendship Class – First Friends Meeting
Russell and Fran Atkinson
David and Mae Brown
David and Dawn Carter
Virginia Caruthers
Cyril and Judy Harvey
Mandy Lotz
Hank and Gene Semmler
Georgia Sprinkle
Allen Trelease
Mel and Priscilla Zuck

Minnie Pittman
Margaret Stevens

Harold Poe
Marjorie Ray

Hetty Roberson
Fred and Connie Roberson
Sherry Sharpe

Glenn Robertson
James Kemp

Joni Rountree
Mr. and Mrs. F. B. Lineweaver

Alta Russell
Sherry Sharpe

Sallie Satterthwaite
William and Deborah Lothian

Roy and Elaine Schaal
Jennifer Schaal

Ruth Sheldon
Loy and Connie Newby

Betsy Sink
Betty Aydelette
Emily Aydelette
David and Mae Brown
Ruby Duncan
Elizabeth Felt
Peggy Fitzpatrick
Bettina Gangi
Preston and Judith Hall
Rebecca Mulligan
Keith and Laura Overstreet
Mary Susan Ross
Sherry Sharpe
John Sink
Allen Trelease

Bert Smith
Bob and Reba Benbow
Rebecca Mulligan

Virginia Smith
Loy and Connie Newby

Charles and Lois Stoneburner
John and Carol Stoneburner

Doane and Flora Belle Stott
Mr. and Mrs. Charles Gilbert

Flora Belle Stott
Lundee Amos

Elizabeth and Wallace Talbert
Elaine Talbert

Elizabeth Talbert
Sam C. Talbert, Jr.

Sam Talbert
Sam C. Talbert, Jr.

J. B. Tollison
Janie Barnes
Ruth Graham
E. D. Kennedy
Don Lindsay
Ann Marvin
Peggy and Jimmy Truitt

Julia Turner
Fred Crouch

Juliette Wehr
Paul Wehr

Mary Westbrook
Blanche Morgan
Rebecca Mulligan
Morris and Judy Newlin
Hank and Gene Semmler
Sherry Sharpe
Wallace and Lib Strickler
Helen Wolff

Setzer Weston
Rebecca Mulligan

Herbert White
Edmund White

V. R. and Ruth L. White
George White

Dolores Whitlock
Frank Clark
Ann Marvin

Bill and Mary Wiegmann
Marge and Dave Rowden

Lucille "Pick" Williams
Lundee Amos

George and Sadie Winchester
George L Winchester, Jr.

Edwin Witman
Carolyn Witman

Lucy Wrenn
Alexander and Kathryn Wrenn

Honorariums Received August 2009 – February 2010

Doris Armenaki

Janet Plummer

Betty Aydelette

Peggy Fitzpatrick

Ruth Bailey

Gracia McCabe

Dot Ballinger

Louise Deshaies

Janie Barnes

George and Frances Cheek

Ruth Bittender

Shawn Fortune

The Board of Advisors

Frank and Helen Houston

Berniece Breedlove

Ralph and Wenda Kirkman

Marie Brown

Willard Robbins

Mary Catherine Bulla

Jerry and Patsy Bulla

Rachel Charles

George and Frances Cheek

Frank Clark

Robert Price

Sue and Bob Clark

George and Frances Cheek

Marshall Clegg

George and Frances Cheek

Helen Price Coble

Blanche Morgan

Minta Coeyman

Armecia Eure Black

George and Frances Cheek

Sara Cooke

Linda Hill

Barbara Corriher

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Bob and Betty Harris

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Minta Coeyman

Hilda Hines

Minta Coeyman

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Ralph and Wenda Kirkman

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Dr. Eldora Terrell

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Russellene Angel

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Angie Wethington

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Lake Woods

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Marietta Wright

Tom and Sarah Wright

Mel and Priscilla Zuck

Kenneth Carroll

Friends Homes at Guilford Celebrates St. Patrick's Day



Many of the dancers were seven to nine years old, and the little couple pictured below was performing for only the second time. She is four years old and he is six.



For the second year in a row, children from the Walsh Kelley School of Dance performed traditional Irish dances at Friends Homes at Guilford. The dance studio has classes both in Greensboro and Charlotte and students range in age from four to teenagers. The dancers, clad in colorful costumes, compete locally and nationally and will be performing in Scotland in April.

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Lo Hanson...continued from page 3

His career was with the Bell system, and she says that is how they were fortunate to be transferred to Greensboro in 1978. Robert died in 2005. She has three children, three grandchildren and nine great grandchildren.

With her three children spread across the country in Oklahoma, Arizona and South Carolina, Lo has found a fun way to stay in touch. She recently returned from a ten-day cruise to the Caribbean with the children. "We all enjoy playing cards and traveling and this is just a great way to be together," she said. For Lo, this cruise was her 30th cruise taken over a period of years. While all the cruises have been memorable, she says, "The cruise up the Yangtze River in China was probably the most exciting, and the coastline of Norway was the prettiest. Of course, Alaska is always wonderful."

Bin and Jewell Farlow...continued from page 5

Hall was being built. He has served as presiding clerk of North Carolina Yearly Meeting and Friends United Meeting, an international organization of Quakers. They also have been involved nationally with the Friends Committee on National Legislation which is a Quaker lobby started in Washington, DC in 1943 and was the first denominational lobby. Jewell served on the Nominating Committee and was a member of the Southeast Region Executive Committee for the American Friends Service Committee. Through the Yearly Meeting Friends disaster program, they have volunteered to help with a number of natural disasters.

The Farlows are founding members of the Jamestown Meeting where they still attend and Jewell coordinated

many events to benefit the Jamestown Meeting's building program. In Jamestown, the Farlows worked with the Jamestown Historic Society and Mendenhall Plantation.

At Friends Homes, the Farlows participate in the exercise programs and enjoy the variety of activities. Both serve on Residents Association committees. The close proximity to Guilford College is convenient, and Jewell continues volunteering on a regular basis in the Friends Center at Guilford. Bin stays active with wood working, and they both enjoy visits to their farm in Randolph County. Their advice to others thinking about moving is, "Don't wait too long. Come while you can still engage in the community as active participants."