



Jane Stout to retire Dec. 31 after 39 years of service

It is with mixed emotions that Friends Homes Guilford (FHG) says goodbye to long-time employee, Director of Dining Services **Jane Stout**. Jane will retire December 31, 2017.

In 1979, Jane Stout began her career at Friends Homes Guilford as the Director of Dining Services. Only 29 years old, Jane was a home economics teacher at High Point Central High who cooked during the summers at Quaker Lake Camp. **Bill Pleasants**, the nursing home administrator at that time, was the college roommate of (now resident)



Wallace Sills, who was the camp director. Friends Homes needed someone to run food services and Wallace suggested Jane to Bill. Jane thought she was coming on board to “make the food taste better,” but 39 years later, she realizes there is a lot more to food services than just recipes. She said, “When I first came, I did the clinical work, ran the kitchen, cooked when needed and supervised the day and evening staff. As we grew, we added staff:”

For the last four decades, Jane has been developing menus and recipes, scheduling staff, ensuring compliance with regulations and sanitation guidelines, conducting inspections, responding to complaints, expanding services and organizing the systems of the dietary department. In addition, she has been “mother” to countless employees. Jane has no children of her own, but has “adopted” hundreds who have worked for her in the dietary department at FHG. She said, “My management style is to talk people around to my way, but I try to listen and get things worked out for everyone.” She said that the greatest surprise that she had from working at Friends Homes Guilford was that not everyone is going to like everything you do. She said, “I had it pretty easy, everyone had always given me positive reinforcement, I learned that sometimes people aren’t nice or happy.” And Jane likes to

Please see **STOUT** on p. 6

Jonathan Evans named FHG Executive Chef

Friends Homes Guilford welcomed **Jonathan Evans** as its Executive Chef in September. Born and raised in Greensboro, Jonathan has strong ties to Friends Homes. His mother, **Jane Evans**, is a resident in Whittier; both his mother and father lived in independent living for a dozen years before his father passed. His sister, **Tammy Evans Elliott**, was the social worker in Hinshaw Hall many years ago. Jonathan most recently worked for Friends Homes Guilford as the contract pastry chef, but more than 10 years ago, he worked as a cook and purchasing agent for the community.



Jonathan says he is excited to get to know the residents and likes to visit the dining room tables during lunch to learn their preferences. He looks forward to offering more sandwiches, presentation cooking and table service. He has already made changes to the Autumn menus and wants to provide “food that you want to eat; like what you grew up on, but more upscale.” He said he wanted to add more comfort food, new desserts and expand the vegetable offerings.

Jonathan is married to preschool teacher, **Jeana**, and has two daughters. **Elizabeth**, 20, is a junior at UNC-Greensboro and **Katherine**, 17, goes to Grimsley High School.

A message from the Executive Director

On October 1, Friends Homes launched the beginning of its multi-phase Master Plan. We are actively pulling together a team of architects, civil engineers, interior decorators and general contractors to help us make the concepts of the Master Plan a reality. Along the way we are holding informational meetings with current and future residents, staff and neighbors as we begin phase one of this multi-year endeavor.



Our efforts are focused on addressing the continued growth of our waiting list. At our West campus this includes exploration of building cottages and additional apartments as well as looking at enhancements to the wellness center and dining room. Plans also include the addition of a Bistro as a second dining venue for our residents. The Guilford campus is exploring ways of addressing our current array of cottages and the ability to enhance the entrance(s) to campus. Both campuses are slated for interior renovations and updates over the next 18 months.

Friends Homes is also looking at options to connect our two campuses via a private road and bridge. If accomplished, this would make commuting between both campuses easier and open up opportunities for

our residents to participate in the programs and services offered at the West and Guilford campus.

Friends Homes Guilford and West will celebrate a 60 and 25 year anniversary in 2018, respectively. As I reflect on the many employees who have supported the mission of Friends Homes over the years I would like to specifically acknowledge **Jane Stout**, Director of Dining for our Guilford campus. Jane has served Friends Homes faithfully for the past 39 years and will be retiring at the end of December. Her dedication and love for our residents and staff will be a lasting legacy for years to come. We wish Jane all the best in her retirement.

As we near the end of our Annual Giving Campaign for 2017, I would like to thank all of our Friends for supporting the mission and future of Friends Homes. With your support we will continue to build upon the rich history of this wonderful community.

Now that the holiday season is upon us, I look forward to seeing even more families and friends who are visiting our campuses. Enjoy this time of fellowship and reflection and remember all are welcome at this place we call Friends Homes.

Warm regards,

Arnie Thompson
Executive Director

Friends Homes West CROP Walk

Since its inception in 1969, CROP Hunger Walks have taken place in over 2,000 communities across the US, providing food, water, and resources that empower people to meet their own needs. Greensboro's walk is the third largest in the nation, and has raised over \$5.5 million since it began 37 years ago.

The generous residents of Friends Homes are strong believers in ending hunger, here at home and across the country. Teams on both campuses have held hunger walks, usually in October when the city's official walk takes place. At Friends Homes West, these annual walks have been spearheaded by **Harold**

Pitts and **Irwin Smallwood** since 2009. Harold was a long-time member and a former chair of the Greater Greensboro Walk's Steering Committee. Irwin also served on the steering committee for many years and was its public relations arm. Together, they took over the FHW walk in 2009 when it was searching for new leadership.

Harold and Irwin began their efforts with an aggressive campaign of letter writing, flyers, innovative posters, and follow up. In their letter to the residents of FHW, Harold and Irwin instruct those who want to participate in the walk to meet at the front entrance for a photo, after

which the group will walk around the perimeter of the campus, which is seven-tenths of a mile. If a resident is unable to walk, a wheelchair and someone to push it will be arranged. Everyone has the opportunity to be involved in the FHW Crop Walk, and everyone usually does: the residents of FHW have raised over \$50,000 since 2009.

Twenty-five percent of funds raised go to Potter's House Community Kitchen at Greensboro Urban Ministry, where more than 500 meals a day are served to the needy. The balance goes to Church World Service to meet human needs and foster self-reliance worldwide.

Annual Giving — Advancing the Mission

The Friends Homes Annual Giving Campaign will draw to a close on December 31st. We've raised \$30,000 so far and each day we become more excited about reaching our combined campus goal of \$40,000! As a reminder, our focus for this year's Annual Giving Campaign is the resident financial assistance fund and the purchase of enhanced fitness equipment.

Your donations toward resident financial assistance ensures that no resident is ever asked to leave due to an unexpected financial shortfall. Such peace-of-mind for our residents! However, you may be wondering, "What does enhanced fitness equipment really mean?"

Every year, 1 in 4 adults over the age of 65

fall. Of those, 20% or 2.8 million people, sustain serious injury and 800,000 of the falls result in hospitalization. Nearly 40% are hip fractures, making falling the leading cause of hip fracture in the United States.

With the funds raised for fitness equipment, we plan to purchase a portable BioSway unit, which can be used at both Friends Homes campuses. The BioSway can assess an individual's fall-risk and help with balance-specific exercises that can significantly reduce the chances of falling.

Wellness Director **Teresa Cox** said, "I am excited for the opportunity to purchase such a specialized piece of equipment like the BioSway for our residents. It

could help reduce the likelihood of falls and keeps with the Friends Homes Mission to provide wellness and security for our residents."

Making a tax-deductible gift is easy by using the detachable portion of the letter and return envelope included in the center of this Update, or by going online to www.friendshomes.org. Gifts of appreciated securities can also be accepted. For more information, please contact **Sarah Barker** at sbarker@friendshomes.org or call 336-458-0354.

Many thanks to residents, board members, staff and others who have already supported this effort!

Mobile dermatology now available at each campus to prevent, detect and treat skin conditions

Skin Cancer is the most common cancer in humans. In fact, the incidence of skin cancer exceeds the incidence of all other cancers combined.

The American Cancer Society predicts that more than 5.5 million new cases of skin cancer will be diagnosed in the United States this year. Skin cancer strikes approximately half of all people who live to the age of 65.

In response to these statistics, Friends Homes felt that having OnSite Dermatology come to the community was an important way to ensure the health and well-being of our residents.

OnSite Dermatology is the leading national mobile dermatology practice specializing in the prevention, detection and treatment of pre-cancerous and cancerous growths of the skin as well as other dermatological conditions. This service makes resident's lives easier by eliminating the need for transportation arrangements; lengthy wait times in doctor's offices and directs more one on one attention to the patient. It has been the mission of the Friends Homes' resident Health and Wellness

Committees to see more onsite specialty services for this reason.

OnSite Dermatology's services are based on the appreciation that, for the senior population, even the most minor medical conditions impact quality of life. If skin cancer isn't detected early, if a rash isn't addressed properly, a resident may develop serious skin problems. As professionals with experience in caring for the senior population, we feel that timely intervention combined with portable diagnostic and treatment technology can make a true difference.

Residents will have access to quality dermatology care on a monthly basis at each campus. OnSite Dermatology accepts various insurance plans as well as being a Medicare participating provider. There is absolutely no additional cost for having an OnSite Dermatology practitioner come to visit you!

If you would like to be seen by the medical staff of OnSite Dermatology or have further questions, please call 1-877-345-5300 to learn more.

A resident and a “Rosie”

Meet Friends Homes West resident Ruth Edwards

Most, if not all, of Friends Homes residents have heard of the character, Rosie the Riveter, and remember seeing the advertisements stating, “We Can Do It!” Rosie was used to attract female workers to take the jobs of men who were fighting for and protecting our country in World War II. In fact, more than 6 million female workers helped to build planes, bombs, tanks and other weapons that would eventually win World War II.

All types of women picked up the factory duties the men left behind; Mothers, daughters, wives and even school girls.

Friends Homes West has our very own “Rosie,” **Ruth Edwards**. Ruth moved to FHW on January 5, 2017. She was born on October 26, 1922, in Lincoln County, West Virginia. Ruth’s “Rosie” story began when she graduated as valedictorian from Hamlin High School in 1941. Almost all of the young men in Lincoln County enlisted in the Service and the young women went to work – not one single one from her class went on to college. Ruth got a job at Carnegie-Illinois Steel Corporation, which was located in the Naval Ordnance Plant in South Charleston, WV. Her job was as an expeditor in the machine shop, where gun barrels and other parts for battleships were made. Ruth’s job was nicknamed “runner” because that’s what she did. She would check with each machine operator to make sure they had what they needed for that shift and relayed that information to the main office. Ruth says if she had a Fitbit back then, she would have had no problem getting over 10,000 steps on every shift!

The noise from the machines was a problem for Ruth. They were always going at the same time and there were cranes that were always moving and clanging. Another hard aspect of the job were the changes in shift times. She would work all three shifts. Another responsibility was to check employees’ time cards to make sure that everyone was on the job.

People all over West Virginia were working at Carnegie-Illinois Steel Corporation. At this time, there were many women who had never worked outside of the home, and now they were helping out. It was a very rewarding job, because Ruth knew she was helping in the war effort. The patriotism back then was huge! ALL Americans supported the troops, and most of the women Ruth worked with had friends or family members in the war. Many of the women were worried about



their husbands and when, or if, they would see them again. Ruth’s special friend, **James**, whom she dated all through high school and later became her husband, had been sent to Pearl Harbor and on to the Philippines where he was when the Japanese bombed Pearl Harbor on December 7, 1941. James was captured by the Japanese, was on the Bataan Death March, and was being held Prisoner of War. James miraculously survived 42 months of being a Prisoner of War and returned in 1945.

Ruth and James were married in 1945. His health was not good because of the torture he received, but they did have two wonderful sons. Ruth went on to attend the University of Charleston, (Morris Harvey College at the time) and received her bachelor’s degree, and later her master’s degree, from Marshall University. Ruth taught business subjects at South Charleston High School for 11 years and became State Supervisor of Business Education at the State Department of Education, retiring in 1982. James passed away in 1997.

Ruth is a proud member of the Rosie the Riveter Association, which honors working women in WWII. Ruth was interviewed by Ann Curry on The Today Show in March 2012 about her time as a Rosie. She tells her story in a documentary that has been shown on public TV. Ruth has been recognized by representatives from Belgium and Britain, to personally thank Rosies for their work.

Ruth was glad to serve her country in the way she and millions of other women did, doing her job to help keep the factories working while the men were serving to keep us safe.

Integrative Health at Friends Homes

What is Integrative Health?

Integrative Health has several definitions, but all involve bringing conventional medical and complementary approaches together in a coordinated way. The use of integrative approaches to health and wellness has grown within care settings across the United States. Researchers are exploring the potential benefits of integrative health in a variety of situations, including pain management for military personnel and veterans, relief of pain symptoms in cancer patients and survivors, and programs to promote healthy behaviors.

A few integrative health approaches are:

Natural Products

Researchers have done large, rigorous studies on a few natural products, but the results often showed the products didn't work. Research on others is in progress. While there are indications that some may be helpful, more needs to be learned about the effects of these products in the body and about their safety and potential interactions with medicines and other natural products.

Mind and Body Practices

Mind and body practices include a large and diverse group of procedures or techniques administered or taught by a trained practitioner or teacher. The 2012 National Health Institute Study showed that yoga, chiropractic and osteopathic manipulation, meditation, and massage therapy are among the most popular mind and body practices used by adults. The popularity of yoga has grown dramatically in recent years.

Other mind and body practices include acupuncture, relaxation techniques, tai chi, qi gong, healing touch, hypnosis, and movement therapies.



From the Wellness Center

The amount of research on mind and body approaches varies widely depending on the practice. For example, researchers have done many studies on acupuncture, yoga, spinal manipulation, and meditation, but there have been fewer studies on some other practices.

On September 17, 2017, a letter was signed to the Integrative Health Policy Consortium by 37 attorney generals across the United States – North Carolina included – which encouraged policy change to find a more integrative way to control pain and pleaded for acceptance by the United States Insurance Commission. This simple act is an important step in a new focus in treating pain without using addictive prescription medications.

In August of 2017, Friends Homes opened its Integrative Health room. We are currently offering acupuncture upon request, hypnosis and massage therapy regularly.

Massage is available on Tuesdays and Thursdays at Friends Homes Guilford with **Millicent Perry**. Millicent will treat in the individual resident apartments

or in the Integrative Health Room. At Friends Homes West, massage is provided by **Ruth Spaulding** of Touch of Serenity. She treats in the Wellness Center, by appointment. Each person calls and makes their own appointment for each therapist. Numbers are available in the weekly newsletter or in the Resident Services Office.

Hypnosis is being done at Friends Homes Guilford Integrative Health Room in three sessions treatment series for specific topics. Topics to date have been

focused on weight loss or smoking cessation. These topics will be repeated at a later time, with other focuses possibly on stress relief and grief management.

Residents at Friends Homes Guilford began watching the Great Courses television series, "The Science of Integrative Medicine" in the living room in November. The Mayo Clinic director instructs this streaming series of a dozen 30-minute courses on a variety of complementary and integrative medicine topics such as: sound sleep, cardiac exercise, good nutrition, herbal supplements, guided imagery and hypnosis, spirituality, meditation, yoga and tai chi, relaxation therapies, acupuncture, massage, spinal manipulation and comprehensive wellness. Based on feedback from attendees of this lecture series, Friends Homes Wellness Director will expand our integrative health offerings.

Already, the discussion has begun, and budgets reflect, that our residents want more varied exercise programs and Wellness Director **Teresa Cox** is lining up instructors for these requests.

The future of integrative health is finally here – at Friends Homes.

Thomas “Scott” Smith

Friends Homes Guilford resident **Thomas “Scott” Smith** was born in Greensburg, Pennsylvania in 1941. He attended Penn Hills High School, outside of Pittsburgh, where he developed his life-long interest in astronomy through a friend who shared a telescope with him. Scott went to Princeton where he attained a degree in astronomy and astrophysics; then to the University of Maryland where he earned his PhD in the same subjects. Pursuing his collegiate interests, he then worked for NASA as a rocket scientist for five years (1964-69), before joining the faculty at Dickinson College in Carlisle, Pennsylvania.

Married in 1965 to his high school sweetheart, they raised seven children of whom Scott is very proud: Jennifer is a school counselor in Fairfield, Connecticut; Stephen lives in Silver Springs, Maryland, where he is a manager of a computer company; Jessica is a college counselor in Westtown School in Pennsylvania; Laura lives in Pittsburgh and works at the University of Pennsylvania business school; Jonathan is a lawyer



in Atlanta; Daniel is a lawyer here in Greensboro; and Sharon, who lives in Durham, is a physician’s assistant specializing in palliative care

in Burlington. His children have given Scott 12 grandchildren to spoil, which he does on the many trips he takes during the year to visit all of them.

Scott developed a deep interest in India as early as 1948, when his mother wept over the assassination of Gandhi. While at Dickinson College, he took seven trips to India, starting in 1975 with a Rotary Club sponsored exchange when he lived with Indian and Sri Lankan families. In 1982, he took a sabbatical as an astronomical consultant with an archeology project. In 1990, he attended the International Film Festival, bought a rail pass and toured the country to visit several Indian planetariums. From 1996-98,

he visited Madurai City in South India as part of the South India Tour Abroad (SITA) program. There he developed many enduring friendships and learned the rudiments of the Tamil language. His last trip in 2007 was strictly for pleasure when he renewed friendships developed from previous visits. And he has taught in England several times – another story!

After retiring in 2010, he came to live with his son, Daniel, for a few years before deciding a continuing care retirement community was what he needed. Friends Homes Guilford was an easy choice for him. He is the current chair of the FHG Grounds Committee, shares his duck calls (Quackery) at morning exercises, and engages everyone with his informative lectures on India and astronomy. Scott enjoys playing bridge and resident **Don Hoagland** says, “Armed with a sharp sense of humor, he’s a great bridge player- a fine partner and a deadly opponent. And he’s just fun to be with!”

(Credit to Don Hoagland, FHG resident, for this story and Mary Ann Johnson, FHG resident, for the photo.)

Stout

Continued from p. 1



make everyone happy. She said the most important thing that she learned working at FHG was that you must love people or you won’t last.

Jane expanded her professional goals while working at FHG. She achieved a Master’s Degree of Food and Nutrition and Institutional Management from University of North Carolina-Greensboro.

This enabled her to serve as a mentor for the management rotation of the registered dietitian intern program for UNC-G and help train a generation of food service leaders. For her work in this field, she was honored with the Pace Setter award from the UNC-G Nutrition Department.

Heading into retirement, Jane has hopes of blossoming her artistic side. She would like to work on home improvement projects and explore her love of art. She will spend time gardening and would like to volunteer at Friends Homes with some “Martha Stewart” type programs. Jane will always be a part of the Friends Homes community.

Memorials & Honorariums received July - October 31, 2017

Memorials

Billy Apple

Marvin & Sally Aycock
Jean Brincefield
Christel Bullock
Mary R. Johnson
Miranda Lotz
Julian & Betty Rogers
Jessie Smith
Dana Symoniak
Arnie & Kathleen Thompson

Dorothy Ballinger

Marvin & Sally Aycock
Doris Barbee
Richard & Annette Bean
Jean Brincefield
David & Mae Brown
Christel Bullock
Robert & Ann Carroll Burwell
Margaret Byrd
Chris & Sandra Canipe
Dorothy Clark
Marie Franklin
Sarah Gramley
David Hodgkin
Ruth Ann Hood
Huffines Family
Miranda Lotz
James Newlin
Bill & Clara Jo Pleasants
Bob & Abigail Moore Sebastian
Jessie Smith
Winnie Smith
Arnie & Kathleen Thompson
Ray & Carole Treadway
Jeaneane Williams

Sue Clark

Sherri Forrester
Reid & Judy Gaskins
E.D. Kennedy
Arnie & Kathleen Thompson
Charles & Ann Wilkins

Selma Coble

Marvin & Sally Aycock
Arnie & Kathleen Thompson

Anza H. Cole

Christel Bullock

Edith Cook

Lorene Archer
Anne Bruce
Christine G. Cook
Nancy Michaux
Ellen Mitchell
Arnie & Kathleen Thompson
Porter B. Thompson
Mario & Pamela Vitale
Charles & Ann Wilkins

Grant Crownfield

Lester & Nancy Dyson

William "Bill" Crownfield

Lester & Nancy Dyson

Frankie Culbreth

Larry & Ellen Shornack
Charles & Ann Wilkins

Mary Norton Doggett

Mary L.D. Wilkinson

Margaret Edwards

Lester & Nancy Dyson

Dorothy Garcia

Marvin & Sally Aycock
Arnie & Kathleen Thompson

Katherine Gladstone

Linda Carraway
Lester & Nancy Dyson
Katherine Gladstone
Charles & Jill Reid
Arnie & Kathleen Thompson

Janie Grantham

Jenny Ross

Lamar Hearne

Doris Barbee

Henry & Hildan Jacobs

J. Randall & Kathyne Dixon

Nancy Joyce

Christel Bullock

Andra Jurist

Christel Bullock

Dorothy Lazareth

Doris Barbee
Marie Franklin
Barbara Gillespie
Bill & Jane Sweet

Helen Lee

Doris Barbee
Charlie & Mary Routh

Evelyn Lewis

Doris Barbee
Marie Franklin

Robert E. May

Judy May

Charles Mendenhall

Bob Mendenhall

Helen McNeill

Arnie & Kathleen Thompson

Chuck Mortimore

Arthur Rieck

Rebecca Mulligan

Bruce Martin

Marian Murchison

Jenny Ross

Mildred (Millie) Nassif

Mel Mrochinski

Douglas Parker

Marvin & Sally Aycock
Doris Barbee
David & Mae Brown
Christel Bullock
Robert & Ann Carroll Burwell
Dorothy Clark
Nancy Clark
David Hodgkin
Ann Kunkel
Miranda Lotz
Deane Mendon
Arthur Middleton
Taylor & Catherine Owens
Julian & Betty Rogers
Jessie Smith
Winnie Smith
Arnie & Kathleen Thompson
Elizabeth Vance

Anne Pepino

Robert & Ann Carroll Burwell
Arnie & Kathleen Thompson

Willard "Bill" Piper

Marvin & Sally Aycock
Rachel Brawley
David & Mae Brown
Taylor & Catherine Owens
Julian & Betty Rogers
Winnie Smith

Irene Quate

Marvin & Sally Aycock
Richard & Annette Bean
Christel Bullock
Sarah Gramley
Taylor & Catherine Owens
Arnie & Kathleen Thompson

Maxine Robertson

Ralph & Anne Cummings
Taylor & Catherine Owens
Arnie & Kathleen Thompson
Central Carolina Air
Conditioning
Advanced Home Care, INC.

Elizabeth Rose

Gillian Bond
Rachel Brawley
Christel Bullock
Clay Christian
Duane & Madeleine Dassow
Gary & Marion Hosey
Deane Mendon
Jessie Smith
Girl Scouts Carolinas Peaks to
Piedmont Inc.
Arnie & Kathleen Thompson

Homer Sink

Jo Doris Beck
Robert & Ann Carroll Burwell
Sally Conterno
Reid & Judy Gaskins
Paul Jolley
E.D. Kennedy
Gil & Jessie Oakley
Jeanette Patton
John & Donna Patton
Nancy Purcell
Arnie & Kathleen Thompson

Margaret C. Smith

Jim & Ellen O'Briant Burwell
Lorena Copeland
James & Barbara Cummings
Judy Dance
Martha Eakes
Jim & Raylene Fealy
Kathy Foster
Reid & Judy Gaskins
Pam Goldberg
Deborah Hall
Joe & Pat Hammer
Roy Henwood & Nancy Kuhn
Frankie W. Johnson
E.D. Kennedy
Rick Lancianese
Harriet W. Mitchell
Aggie Shoffner
Sarah Schacht
Agnes Smith

Libby Smith
David & Patricia Sprinkle
John & Louise Stanley
Arnie & Kathleen Thompson
Katy Vuncannon

Ofelia Smith

Arnie & Kathleen Thompson

Margaret Stevens

Doris Barbee

Bruce Stafford

Betsy Stafford

Doreen Wallace

Doris Barbee

Jan Walz

Marvin & Sally Aycock
Arnie & Kathleen Thompson

Gladys Wager

Elizabeth Godwin

Marie Waynick

Ed & Pat Marsh

Eugene Weisberger

Marvin & Sally Aycock
Julian & Betty Rogers
Arnie & Kathleen Thompson

Honorariums

Ron Allen

Audrey Koopman
Jessie Smith

Virginia Apple

Miranda Lotz

Gertrude Beal

Chris & Janet Johnston

Linda Carraway

Lester & Nancy Dyson

Barbara Carroll

Robert & Ann Carroll Burwell

Richard & Rayden Clayton

Anne Bruce

Kathryn Crownfield

Lester & Nancy Dyson

Betty Jo Duncan

Alice Moore

Lucius & Norma Gray

Lester & Nancy Dyson

Mary Ann Johnson

Nancy Clark

Anna Kalar

Anonymous

Mandy Lotz

Nancy Quigley

Robert & Gerburg Mowry

Burton & June Kennedy;
Keller Williams Realty
of Greensboro

Mary Orr

Bill & Jane Sweet

Dolores Parker

Jeaneane Williams

Trudy Peacock

Aidan & Lisa Waite

Clyde & Betty Sudderth

Bill & Jane Sweet

Clyde Sudderth

Mary Ann Johnson
Julian & Betty Rogers

John Taylor

Richard & Annette Bean

Sales & Marketing moving to Arcadia House

In *Letters to Gertrude*, **Mary Mendenhall Hobbs** described how she entertained guests in Arcadia, the home built in 1910 by **Mary** and **Louis Lyndon Hobbs**, the first president of Guilford College.

On March 6, 1911, she wrote, “On Fourth day evening, we had the Literary Society over here. I served chocolate and wafers, nuts and raisins. Rachel made the chocolate which we served in large cups. . . On Sixth day evening, I gave a dinner to the German Club, and that required a good deal of work. We had six courses, beginning with cherries in grapefruit and including turkey. We had much conversation and a good time.”

The next day she wrote again, “This afternoon in all the rain and sleet, 16 of the college girls came to one of my afternoon teas. . . I had big open fires in the library and in the reception room. Some of the girls played the piano, sang songs, and we all talked. I served tea and



wafers and, afterwards, I showed them over the house. I am going to have an afternoon tea every week until I entertain all the girls in the college.”

The North Carolina Friends Historical Society Newsletter, Spring 2003 Edition No. 13 states, “This reminds us of her great mission to assure a good education for young women at Guilford, her establishment of the Girls Aid Committee of North Carolina Yearly Meeting, and the construction of historic Mary Hobbs Hall.”

As our Sales and Marketing team looks forward to moving into the Arcadia House, it is in the same spirit of hospitality that we desire to entertain guests, as Mary Hobbs did, for the purpose of carrying out our mission: “Guided by Quaker principles, Friends Homes offers an environment which encourages independence and a sense of wholeness, wellness and security, at reasonable cost, so that each resident may live a fulfilling life.” We will host “Lunch and Learn” events, as well as other gatherings for future residents of Friends Homes. Each room in the house will be designated for a specific purpose, but collectively, these rooms will be used to help further our mission.

The forecast is to have Arcadia House renovations completed by February. **Susan Brewer**, Director of Sales and Marketing, states that once the sales and marketing team gets moved in and settled, an open house will be planned.

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