



Lifetime Achievement in Philanthropy

It is with great honor and admiration that we announce the recipients of this year's prestigious Lifetime Achievement in Philanthropy Award, Friends Homes Guilford residents **Charlie and Mary Kirkman Routh**. Each year, the Association of Fundraising Professionals' Triad Chapter distributes an award which honors an individual or family for exceptional generosity and civic responsibility by demonstrating significant philanthropic contributions within the larger community.

Sadly, Mary passed away on October 25 at the age of 99 after 76 years of marriage. In a ceremony on November 20, Charlie graciously accepted the Lifetime Achievement in Philanthropy Award. As we celebrate their remarkable contributions to Friends Homes, Guilford College, Brightspire, and the greater Greensboro community, we also remember Mary and the example she set for those who knew her.

Former Friends Homes board members **Don and Mary Farlow** were also honored with a Spirit of Philanthropy Award at the ceremony.

'Tis the season of generosity, giving to others

It's hard to believe that winter is already upon us; a time of giving, generosity, and loving others. As I reflected on the many ways we serve others and give to those less fortunate, I found myself in awe of the many ways residents here at Friends Homes continue to engage in acts of service that benefit others, both at Friends Homes and in the greater community.

One name that immediately comes to mind is **Leila Mae Cummings**. Leila is a resident of the Guilford campus who, for many years, has participated in the Samaritan's Purse Operation Christmas Child program. Leila Mae routinely donates a staggering (the only fitting adjective) number of shoe boxes, each year, to the Samaritan's Purse to be sent to children in need.

Leila Mae's offering this year — a whopping 861 shoe boxes full of clothes, toiletries, and toys — was so impressive that her story was picked up by the Samaritan's Purse, and featured in a truly heartwarming video on their website. I ran into Leila Mae leaving an aquatics class and chatted about her donation and newly found celebrity status. In true Leila Mae fashion, she was humble, stating that she doesn't care about the publicity but that she hoped the story would inspire others to say "if she can send out that many shoe boxes from a retirement community, I can send them from my home too."

Please see **GENEROSITY** on p. 5

A message from the Executive Director

Greetings to the Friends Homes family.

I'm writing with a spirit of gratitude for the warm welcome that Friends Homes has provided me upon my arrival to Greensboro. I feel incredibly blessed to be here, and I want you to know how very honored I am to be a part of the Friends Homes family.



I'd like to share a bit about myself to shed some light on who I am and what motivates me to be successful. I began working in the senior living industry at the age of 23 and have been managing communities ever since. Over those 20 years, I've worked in low-income, luxury, privately held, publicly held, rental, and life plan communities. Each one has provided opportunities to learn, grow, and invest in others, and has helped to prepare me for my time here. It has been a joy to work with residents and staff to ensure success and satisfaction, and I look forward to doing the same at Friends Homes.

On the personal side, I've been married to my beautiful wife **Kaili** for the last 19 years and she is truly my best friend. Together we have four children named **Aviles** (17), **Trevi** (16), **Fisher** (12), and **Costa** (9). The boys are very active in soccer and football,

and the girls love shopping and anything having to do with **Taylor Swift**. As a family we enjoy the outdoors, good food, music, and going to church as a family. Greensboro has a lot to offer, and we look forward to discovering the many areas of interest both near and far to our community.

I have enjoyed meeting many of our residents, board members and employees in my three months on the job. I will strive to meet all the stakeholders at Friends Homes over the coming months and do my very best to ensure your satisfaction. Furthermore, I look forward to working with the resident committees and board members to ensure a happy and successful community.

My goal is to build relationships with our residents, invest in our employees, and advance the mission of our community. If at any time you see that we aren't meeting standards, or, if you've enjoyed a positive service experience I'd like to know. Quality communication is very important to me, and I look forward to hearing from you.

Once again, thank you for your warm welcome to Friends Homes.

Sincerely,

Jordan Scardigno
Executive Director

Resident Financial Assistance Campaign

Help your neighbors live a full and vibrant life by contributing to the Resident Financial Assistance Campaign. All gifts help cover the cost of living at Friends Homes by providing financial assistance for residents who have unexpectedly run short on their retirement savings.

This year, the need is expected to be nearly \$800,000.

Your gift will help us further our mission: guided by Quaker values, Friends Homes offers a Life Plan Community that encourages a sense of wholeness, wellness, purpose and security at a fair cost, so that each resident may live a fulfilling life.

You may send your tax-deductible contribution to Friends Homes or donate online at friendshomes.org.

Gifts of cash, grants from donor advised funds, and matching corporate gifts are gratefully accepted.

For Qualified Charitable Distributions (QCD) from your IRA or a gift of appreciated securities, contact **Carson Spring**, Associate Director of Development, at (336) 458-0354 or email cspering@friendshomes.org.

Meet

Barbara Cummings



Barbara Cummings has a rich history at Friends Homes. She spent most of her life in Liberty and Hendersonville, N.C., until her mother-in-law saw the necessity of moving into a continuing care retirement community.

In 1976, her mother-in-law moved into Woolman at Guilford, where she thrived for a decade. During her time there, she became so engaged with life at Friends Homes, Barbara didn't get to see her as often as before. Barbara and **Monk** were thrilled that she was enjoying her new friends and life at Friends Homes.

Barbara's connection to Friends Homes didn't end there. In 1986, her parents moved into Fox at Guilford. They also enjoyed their time there and flourished in the community. These positive experiences made Barbara and **Monk** realize Friends Homes was where they wanted to be. They were impressed with the care their parents received, and wanted to have the same experience. In August 2003, they moved into Friends Homes West.

Barbara mentioned that some people have the misconception that moving into a retirement community means your life stops. However, for her, it was quite the opposite.

"The good thing about Friends Homes is that it allows you to keep doing what you love," she said. After moving in, Barbara continued to volunteer at the Asheboro Zoo and her local church for many years, and still volunteers at the History Museum.

As a resident, Barbara serves on the Library committee and participates in various programs and events within Friends Homes. She loves the fact that her life continues to be just as fun and exciting as before, and she enjoys the ease of living at Friends Homes. She doesn't have to worry about home maintenance, cooking meals, cleaning, or safety. She knows that the staff will take care of all those things, and she can just relish being at Friends Homes and enjoying the amenities offered.

"Every day at Friends Homes is a great day," Barbara added. "I'm so happy to be here."



Brightspire Olympics We won 16 medals!

Friends Homes took home 6 gold, 3 silver and 7 bronze medals at the 2023 Brightspire Olympics in October. Award winners include:

Men's 18-Hole Golf: 1st place — **Carey Reece, Donnie Sparrow, Sandy Mason, Richard Shope**

Duplicate Bridge: 3rd overall — **Bob & Claudia Hale East/West**

300-piece Puzzle: 3rd — **Carolyn Ritchie, Mary Ann Johnson, Judy Reece, Dianne Lytle**

Sudoku Easy Category: 2nd — **Mary Ann Johnson**

150-piece Puzzle: 1st — **Gertrude Beal, Gay Bowles, Linda Coltrane**

Men's Putting: 1st — **Carey Reece**

Women's Putting: 3rd — **Judy Reece**

Men's Water Walk Age-Adjusted Time: 1st — **Pat Nugent**

Men's Water Walk Actual Time: 3rd — **Pat Nugent**

Women's Water Walk Actual Time: 2nd — **Linda Gretton**

Women's Water Walk Age-Adjusted Time: 1st — **Dianne Lytle**

Women's Corn Toss: 1st — **Judy Reece**; 3rd — **Dianne Lytle**

Men's 1 Mile Walk: 3rd — **Bernie Doss**

Men's 1 Mile Walk Age-Adjusted: 3rd — **Bernie Doss**

Thank you to all who participated!

Leila Mae's video can be found on the Samaritan's Purse website under the videos section titled "Age is no obstacle for shoe box packing."

Leila Mae is not the only resident with a servant heart on the Guilford Campus. **Ruth Martin**, leads a crafting group of residents that collect used plastic bags and weaves them into mats to be distributed to the homeless. The mats offer protection and comfort for those who are unable to find a comfortable place to sleep. The mat making group has grown and is now a routine staple on our program calendar. Ruth joined me at a September resident meeting to highlight the mat making group and hopes others will continue to join in.

Over at the West campus, **George** and **Estell Cranford** brighten days by hand delivering flowers to the residents in Assisted Living and Skilled Nursing each week. The gesture started with the Cranfords delivering flowers to close friends and family, but slowly grew to include all of the residents. When I caught



up with George he shared that, until they found it more difficult to travel, he and Estell could be routinely found serving food to those in need at Greensboro Urban Ministry, and donating goods to the less fortunate. George recently passed away but he would often find time to share his stories of serving others.

Finally, I would be remiss if I failed to mention the Friends Homes Crop Walk team. Each year, a group of residents from both campuses participate in the Greensboro Urban Ministry program to fight hunger in our community. For several years, the Friends Homes Crop Walk team has been led by West campus residents: **Irwin Smallwood, Judy Glasgow,** and **Eleanor Patterson**. The Guilford campus residents are led by **Nancy**

Glenz, Mary Jane Knight, and Winnie Smith. Crop Walk resident leaders are always proud to share that Friends Homes' team has been the top team (collecting most donations) for three years running. This year's total was just over \$12,000.

I came across a quote from **Mother Teresa** the other day. It said "it's not how much we give, but how much love we put into giving." When I look at the many ways Friends Homes residents find to give, it is clear that it is done with great love.

I hope you all had a great holiday season.

Sincerely,

Matt Beam

Director of Independent Living

Vision of the Legacy Circle

If you have already taken steps to include Friends Homes in your estate plans and have not yet notified us, we would be honored to learn of your intentions and to invite you to join the Friends of Friends Homes Legacy Circle. Members can be recognized by name or anonymously in the Legacy Circle listings. We host an annual luncheon to celebrate the spirit of philanthropy, and to thank those generous individuals who wish to leave a legacy for Friends Homes.

There are many ways to leave a legacy gift for Friends Homes, and some strategies do not involve any cost to you and can be helpful from a tax perspective.

If you are thinking about your estate planning, please contact **Carson Spering** at (336) 458-0354 or cspering@friendshomes.org to learn more about ways to include Friends Homes at no obligation.

Friends of Friends Homes
Legacy Circle members

Anonymous (5)
Marla Allred
Tom & Nancy Antoon
Rose & Bill Bailey
Nancy L. Glenz
Robert Harcum
Judith Smith Moore
Taylor Owens
Joan Newlin Poole
Charles Routh

What is it like to live at Friends Homes?

Do you already live at Friends Homes and have friends that have asked what it is like to live here?

We invite you or them to join us for an overnight stay on us and experience our programs and amenities firsthand.

BE OUR GUEST

Join us for a complimentary stay at Friends Homes and wake up in one of our delightful homes to a day filled with possibilities.

During your stay, you can participate in dynamic activities including a choice of fitness classes, swimming, and integrative programs designed to nurture your mind, body, and soul. You'll have opportunities to talk with residents as



you delight in our tasty cuisine at our reimagined dining areas. Whatever you choose, you'll enjoy a unique look at how Friends Homes welcomes and enables the

independent, active, engaging, and meaningful lifestyle you desire.

SCHEDULE YOUR VISIT

Email info@friendshomes.org or call (336) 369-4313 to book your Discovery Suite visit.

New Wellness Classes

Core Connection: Specifically designed to target and strengthen the powerhouse of your body. Core Connection combines a variety of exercises and techniques to help you build a robust core, improve stability, expand for time movements, and promote mind-body connection.

Location: West (Life Enrichment Center)

Time: Fridays at 10 a.m.

Duration: 30 minutes

Instructor: **Kayla McBane**

Balance Class: Looking to enhance your stability and coordination while boosting your overall confidence in your movement? Basic Balance is designed to help you achieve just that! This class will focus on improving your balance through a combination of targeted exercises and techniques.

Location: Guilford (Solarium) & West (Sports Court)

Time: Tuesdays and Wednesdays 10 a.m.

Duration: 30 minutes

Instructors: **Jasmin Hernandez** & Kayla McBane

My name is **Jasmin Hernandez**, and I am the new Wellness Director here at Friends Homes. If you have not met me yet you can find me teaching at Guilford, Tuesdays at 10 a.m. or at my office in the Wellness Center, or in the Solarium. You can also reach me at 336-292-9952 ext. 4220, or jhernandez@friendshomes.org.

Memorials & Honorariums received May 1 - December 31, 2023

Memorials

Bess Angel

Danny & Dawn Marsh

Betty Aydelette

Bettina Gangi

Ben Baber

Bo & Judith Dishman
Dan & Joan Parker

Nancy Baldwin

Sandra Shields

Doris Barbee

Cheryl Knight-Greiter
Don & Mickey Hoagland
Harold & Edith Knight
Blanche Morgan
Janet Plummer
Jessie Smith
Winnie Smith
Arnie & Kathleen Thompson

Charles R. Barnes

Kitty Barnes

Bob & Reba Benbow

Don & Mickey Hoagland

Reba Benbow

Doris Benton
Tom & Carolyn Harmon
Karen Rinehart
Jessie Smith
Winnie Smith

Lloyd Bostian

Bill Carroll

Jean Brincefield

Russellene Angel

Billy Britt

Joy Reavis

Lynn Britt

Don & Mickey Hoagland

Lindley Butler

Lelia T. Butler
Linda Metcalf

Vivian Bussey

Jane Long
Arnie & Kathleen Thompson

Barbara Carroll

Wilma Bates
Anne Bruce
Ann Donnell
Harvey & Emily Herman
Don & Mickey Hoagland
Terry and Karen Ingram
E.D. Kennedy
Kathleen McGraw
Sharon Nault
Naults Family
Arnie & Kathleen Thompson

Blake Clark

Ann Clark

Janet Cochran

Bill Carroll
Ginny Gaskin
Don & Mickey Hoagland
Jane Long
Taylor Owens
Janet Plummer
Jessie Smith

Arnie & Kathleen Thompson

John & Margaret Coltrane

Doris Melson

Barbara J. Corriher

Patricia Royal

Charles Cranford

E.D. Kennedy

George Cranford

Jean Brincefield

Bill, Kathryn & Grant

Crownfield

Nancy Dyson
Daniel & Christine Powers

Emille Cox

Tom & Carolyn Harmon
Don & Mickey Hoagland
Linda Metcalf
Arnie & Kathleen Thompson

Marguerite Coyle

E.D. Kennedy

Perry Crabtree

John Taylor Doggett

Mark Edwards

Jessie Smith

Gwendolyn Cox

Arnie & Kathleen Thompson

Judy Dance

E.D. Kennedy

Ruby Dance

Arnie & Kathleen Thompson

Bill Dentler

Linda Metcalf

Margaret Earle

Margaret Clapper

Margaret B. Edwards

David Andrews &
Charles Edwards
Ralph & Nancy Edwards

Celia Eller

Bill Eller

Bill Evans

Don & Mickey Hoagland
Taylor Owens
Arnie & Kathleen Thompson

David & Joan Evans

Wanda Scott

Betty Fields

Taylor Owens
Jessie Smith
Arnie & Kathleen Thompson

Merle Frazier

E.D. Kennedy

Don Garrigan

E.D. Kennedy

Glenn Grayson

Ginny Gaskin

Dovie Gregory

Bob & Nancy Bailey
Jean Brincefield
Jerry & Patsy Bulla
Betty Harris
Don & Mickey Hoagland
Gerald & Judy Johnson
Anna Kalar
Taylor Owens

Howard & Helen Phillips

Janet Plummer

Jessie Smith

Brenda and Renee Terrell

Arnie & Kathleen Thompson

Elizabeth "Betsy" Gresham

George & Betty Barry

Barry & Barbara Choate

Lucy Choate

Diana Clark

Bettina Gangi

Joseph & Susan Kennedy

Todd Kennedy

Janet Plummer

Jessie Smith

Winnie Smith

Jacquelyn Spears

Maptech Packaging, LLC

Isobel Hamil

Arnie & Kathleen Thompson

Elizabeth Hawthorne

Arnie & Kathleen Thompson

Janice Hepler

Arnie & Kathleen Thompson

Evelyn Hill

Barbara Cummings

Magdalene Hinman

Clinton Hinman

Betty Holjes

E.D. Kennedy

Carol Howard

Ed & Jeanette Gibbs
Harvey & Emily Herman

Ruth Hunt

Thomas Henley

Beverly Isaacson

Arnie & Kathleen Thompson

Kenneth James

Anna Kalar

Helen Jarrett

Allison Ozkan
George & Jane Schildge
Arnie & Kathleen Thompson

Barry Jones

Ed & Tricia Barber

Elna Jones

Randy & Deborah Jones

Naomi Kaplan

Alan Mark Kaplan

Stuart Kaplan

Floyd & Joann Nesbitt

Betty Kaufman

James & Judy Newlin

Stuart Kester

Linda Metcalf
Arnie & Kathleen Thompson

Thomas Kivett

John Taylor &
Audrey Doggett

Harry Laing

Arnie & Kathleen Thompson

Pat Lanner

Maureen Garrison

Neil Lannon

Mary Lou Egbert

Paul Lowder

Anna Kalar
Diana Clark

Rose Marie Mace

Rick Moyer

Margaret McGee

Thomas & Susan Rogers

William McKenzie

Carol McKenzie

Charles Mobley

Frances Mobley

Sherleen Morton

Anne Bruce
Arnie & Kathleen Thompson

Rebecca Mulligan

Bruce Martin

Lib Murray

Steven & Joanne Murray

Hazel Murrow

David & Gertrude Sillmon

Gayle Braxton Neave

Werner Ostmann

Algia, Eva & Jim Newlin

Joan Poole

Pat Newlin

James & Judy Newlin

Maureen O'Keefe

Tucker & Lin Respass

Thelma Osborne

Marshall & Cathy Osborne

Catherine Owens

Karen King
Taylor Owens

Mamie Owens

Dan & Janet Owens

T.G. & Mamie Owens

Taylor Owens

Eugenia Perkins

David & Mae Brown
Don & Mickey Hoagland
Taylor Owens
Janet Plummer
Winnie Smith

Arnie & Kathleen Thompson

Frederick Pearson

Arnie & Kathleen Thompson

Gertrude Peacock

Herb & Diane LeBosse
Aidan & Lisa Waite

Wade Phillips

E.D. Kennedy

Betty Pleasants

Betty Harris
Don & Mickey Hoagland
Blanche Morgan
Janet Plummer
Jean Rowden
Jessie Smith
Arnie & Kathleen Thompson

Jacqueline Quigley

Jay & Laurie Bomze
Harold & Alice Burrows
Valerie Horwitz
Arnie & Kathleen Thompson

Ruby Rives

Arnie & Kathleen Thompson

Julian & Betty Rogers

Chris Gergle

Blanche & Edward Rogers

Margaret Rogers

Betty Rogers

Robert & Anne Brady
Tom & Carolyn Harmon

Doris Robinson

E.D. Kennedy

Mary Routh

Wayne Blythe
Jean Brincefield
David & Mae Brown
John Taylor & Audrey Doggett
Betty Harris
Don & Mickey Hoagland
Jane Long
Bob & Joyce Mers
Janet Plummer
Fred Wilson & Jennifer Schaal
Jessie Smith
Arnie & Kathleen Thompson
Jimmie & Sandra Ward

John Russell

Arnie & Kathleen Thompson

June Sasser

Marie Franklin
Janet Plummer
Jessie Smith

Neil Sillmon

David & Gertrude Sillmon

Clara & Lane Smith

Judith Smith Moore

Esther Smith

Frances Brown
Diana Clark
Don & Mickey Hoagland
Sarah Kellam
Willena Moore
Shirley Wicker

Lyn Strickland

Bradford Strickland

Stuart Teichman

Barbara Teichman

Joan Tillotson

Tom & Carolyn Harmon

Aileen Troxler

Jessie Smith

Jean Twisleton

Arnie & Kathleen Thompson

Ed & Emma Wagoner

Debbie & Bob Parvin

B.J. Weatherby

David Brown
Don & Mickey Hoagland
Anna Kalar
Blanche Morgan
Jessie Smith
Arnie & Kathleen Thompson

Please see
Memorials & Honorariums
on p. 8

Memorials & Honorariums received May 1 - December 31, 2023

Herb Wechsler
Margaret Clapper

Betty Welker
Jessie Smith
Betty Harris

Charles Wilson
Gwen Barnhill
Martha Jobe
Jean York

Henry Wolfe Jr.
Barbara Wolfe

Marietta T. Wright
Tom Wright

Honorariums

Gertrude Beal
Carol Cothern

Ted Benfey
Mr. & Mrs. John Bell

Viola Britt
Joy Reavis

Patsy & Jerry Bulla
Winnie Smith

Jerry Bulla
Alma Grey Wood

Charles Cameron
Carol Cothern

Diana Clark
Dorothy Borei

Nancy Clark
Ann Clark

Janet Cochran
Carol Cothern

Angela Conwell
Joy Reavis

Norman & Judy Craven
Jimmy & Judy Butler

Pete & Pat Cross
Terry & Julia Nile
Ellen & Elwood Parker

Rose Eng
Irwin Smallwood Jr.
& Judy Glasgow

Jewel Farlow
Mary & Don Farlow

Brenda Felts
Taylor Owens

Friends Homes West

Employees
Jeanette Barnes

Agnes Fry
Billy & Kathryn Adams

Tom and Carolyn Harmon
Brooks & Stephanie Raiford

Terri Harris
Mary & Don Farlow

Cyril & Judy Harvey
David Harvey
Diana Phillips
Paul Zopf

Wyn Hrdlicka
Margaret Clapper
Francis & Margaret Young

Ruth Ann Hood
Roger & Kathryn Seel

Marshall Hurley
Joy Reavis

Amy Johnson
Barbara Barker

Debbie Kaynor
Bob & Sue Kaynor

Mary Jane Knight
Carol Cothern

Mandy Lotz
Carol Cothern

Elizabeth Clary
Jenny Huffaker

Hank Lowvorn
Joy Reavis

Laura Lowe
Joy Reavis

Sarah McAdams
Patricia Waters

Belinda McCrimmon
Barbara Barker

Margaret McKee
Jeff & Jean Bullins

Bob & Joyce Mers
Susan Howard

Robert & Gerburg Mowry
Carol Cothern

Taylor Owens
Marie Franklin
Karen King

Winnie Smith

Dolores Parker
Betsy & Jay Bumm

Joyce Yoshiko Parkhurst
Carol Cothern

Dianne Powel
Carol Cothern

Eleanor Procton
Guilford College Art
Appreciation Club

Larry & Carol Putnam
Carolyn Jones

Marisa Ray
Joy Reavis

Charlie & Mary Routh
Ralph & Wenda Kirkman
Carol Campbell

Charlie Routh
Jan Piper

Anne Swindell & Bernie Doss
David & Bunny Moff

Carson & Sydney Spering
Joy Reavis

Barbara Teichman
David & Bunny Moff

Arnie Thompson
Bill Carroll

Tom & Carolyn Harmon
Bill & Clarajo Pleasants
Betty Turner

Jacquelyn Waters
Charles Ward

Diane Watkins
John & Marietta Mobley

Betty Wilson
Jenny Huffaker

Tim Webster
Joy Reavis

Grey Wood
Margaret Clapper

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Greensboro, North Carolina 27410
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Friends Homes